



TRAINING AND TRAVELING

A project by Al Thuraya Academy, Freenet and EZ Language Trainer

“BETWEEN THE DOLOMITES AND VENICE” PROGRAMME

DAY 1

Arrival at the Italian airport (North of Italy), transfer to the hotel and accommodation in double room. Typical dinner in a well-known restaurant. Overnight at the hotel.

DAY 2

Breakfast at the hotel.

From 9 am: 6-hour training with specialised trainer.

Lunch break. In the afternoon visit of Belluno, medieval city with amazing views of the Dolomites.

In the evening, typical dinner in a well-known restaurant. Overnight at the hotel.

OVERVIEW OF BELLUNO

100km north of Venice is the province and city of Belluno in the Eastern Dolomiti region and one of 15 municipalities in the Dolomiti Bellunesi National Park. Perched on a cliff spur and surrounded by mountain peaks, snow and mountain activities are never far away including skiing, climbing and even dog-sledding. The Alpine town has retained its mountain lifestyle and has a peaceful ambiance. Piazza del Mercato was the site of an ancient Roman forum. In the Piazza Duomo there is the Renaissance Palazzo dei Rettori; the cathedral with its 18th century bell tower, designed by Filippo Juvarra and Palazzo dei Giuristi which holds the Civic Museum. See the Venetian architecture of Piazza dei Martiri and the paintings by Andrea Schiavone and Sebastiano Ricci in the Baroque church of San Pietro. See the Church of Santo Stefano where there are paintings by old masters and visit the Rugo and Dojona gates in the ancient walls. The Sagra de I Fisciott festival has been held here since 1716 on the 2nd Sunday before Easter.

DAY 3

Breakfast at the hotel.

From 9 am: 6-hour training with specialised trainer.

Lunch break. In the afternoon visit of Cortina D'Ampezzo, the “Pearl” of the Dolomites. In the evening, typical dinner in a well - known restaurant. Overnight at the hotel.

OVERVIEW OF CORTINA D'AMPEZZO

Cortina d'Ampezzo is nestled in the southern Dolomite Alps in the Veneto Region in the valley of the Boite River. The Dolomites overlooking the town are a UNESCO site for their stunning beauty. Cortina d'Ampezzo gained international fame when the first televised Winter Olympics were held here in 1956. This Italian ski resort has 1,000 years of history and is more than just a ski resort. It can be seen on foot including the WWI Italian encampment above Col Gallina which has been rebuilt and opened as the Museum of the Great War in the Dolomites. The little town has long been popular with the rich and famous yet it lacks the snobby attitude of many exclusive ski towns. Cortina d'Ampezzo has been visited by the likes of Naomi Campbell and George Clooney as well as Ernest Hemingway who frequented the bar in the De La Poste Hotel. In addition to skiing you can try fat biking, ice skating, sledding and snowkiting. In the summer it is a popular hiking destination where there is also climbing, tennis, golf, biking and trekking. In all seasons you can fly above the town on a cable car.

DAY 4

Breakfast at the hotel. 6-hour training with specialised trainer.

Lunch break. In the afternoon outdoor activities (hiking, kitesurfing, kayaking, etc...) in Nevegal and Alpego. In the evening, typical dinner in a well-known restaurant. Overnight at the hotel.

OVERVIEW OF ALPAGO AREA

A delightful splash of green in the south-east corner of the province of Belluno, Alpagò offers visitors a wealth of opportunities to enjoy a fascinating stay in a pristine natural environment. The peaceful landscape of the Alpagò Valley features a succession of meadows and woods set on gently rolling hills. From the shores of Lake Santa Croce, the perfect place for a spot of fishing or sailing, kite- and windsurfing, the terrain rises more steeply towards the Cansiglio woods until it reaches the jagged rocky crown in the Prealpi Carniche, with Col Nudo-Cavallo and the peaks of mounts Dolada, Teverone, Col Nudo, Venàl, Messèr, Laste and Cavallo, all of which can be reached by following Alta Via n. 7, a climbing route that can be travelled, in stages, in just a few days.

DAY 5

Breakfast at the hotel.

Departure for Venice to visit of the magnificent city floating on the lagoon.

Lunch break.

OVERVIEW ON VENICE

Part of the mystery and allure of Venice is that this Italian lagoon sanctuary has remained remarkably intact and unchanged for many centuries. With its magical alleyways, romantic bridges, and golden domes, Venice seems to literally rise from the waters. This fairytale city is best known for its lagoon thoroughfare, the Grand Canal, flanked on both sides by stunning examples of Venetian architecture.

Both the Basilica di San Marco and Palazzo Ducale stand in all their glory at the end of the canal. The best way to see the canal and the tiny waterways that break off from it, is through the primary form of transportation in Venice since the 12th century - the gondola, preferably steered by a gondolier in traditional garb. Venice, however, is not all about water. Hiding behind the glorious palazzos that line the banks of the canal are charming backstreets, where each building seems to be a work of art unto itself. Intimate churches hug stone homes along cobbled walkways. In the heart of Venice, you will find one of the city's six sestieri (boroughs), San Marco, home to some of the city's famous sites, such as St Mark's Square and Basilica, the Doge's Palace and many famous churches. There is no hastening a visit to Venice. Tourists rush around trying to fit in just some of the many spectacular places to see, but the true magic of this lies in the true magic of Venetian moments – strong coffee in a sunny square, dramatic sunsets from the roof of an ancient church, lunch with good friends in a crowded bar or listening to the slap-slap of the gondolier's oars on the water.

PRICE PER PERSON – min 6 participants

€ 2700 (specialised training included)

€ 2050 (specialised training excluded)

PRICE INCLUDES

- * 4-night 4-star hotel double room accommodation with continental breakfast
- * 3 lunches and 3 dinners in typical local restaurants
- * pick up/drop off from/to the airport and all domestic ground transportation⁴
- * 3-day specialised training, outdoor activities and visits as per programme
- * group leader.

Please note: in order to provide a flexible and customisable experience with regards to services, dates and locations, no reservations have been made so final price is subject to confirmation after reservations.

TO REQUIRE A CUSTOMISED PACKAGE OR TO APPLY, PLEASE CONTACT:

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